



Harlequin

School of Gymnastics

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Welcome Letter

Dear Parent / Guardian / Gymnast

Thank you for choosing Harlequin Gymnastics Club in Leighton Buzzard. We welcome you and your child to Harlequin and hope they enjoy their trial session and wish to come back to learn many skills within gymnastics. We also have 1 Welfare Officer available at the club: each day of the week.

We look forward to your child taking their space and we ask you to follow the instructions in the email that is sent from "Club Admin". The email will have a link requesting you to set-up of your account. The email will contain details how to set up with LoveGymnastics (partnered with LoveAdmin) outlining the process for our online parent/coach communication system. We require you to register and enter all your **child's** personal information as soon as possible. You are required to set up a direct debit for automatic payments, please follow instructions at the bottom of the page (save and continue to payments page).

The direct debit is **£35.50** per month for standard Recreational or Trampoline 1-hr class this is calculated over a 50-week year as we stop classes for a 2-week period over Christmas.

We do not offer payment holidays during the summer – we open as normal and if you take holiday, it is your choice, and you cannot freeze your payments and expect a space when you return. We are offering spaces out to new members all the time and we cannot afford to hold spaces when they are not being paid for.

Other classes/squad sessions are charged differently and will be advised after the trial date. Payments are taken on or shortly on or after the 1st of each month. If the 1st falls on a weekend it may be taken early.

Cancellation of classes

To cancel your child's class, we must receive an email to confirm cancellation. If this is during a month, we will allow the child to attend the sessions that you have paid for. We will then cancel the space for the following month. We suggest that you also cancel the direct debit with your bank, it will be processed this end. No refunds are given if you cancel once payment has been requested for the upcoming month. It is 1-months' notice period.

Monthly Fee's

Your fees are due on or around the 1st of each month via direct debit only. If your fees fail for any reason and they are not paid within 7 days, we will request your fees to be paid via card or your child could be at risk of losing their space.

You will receive an email from our 3rd party carrier **London & Zurich** who send a confirmation email between the 26th-28th of each month, requesting the fees to be debited around the 1st.

Upon joining and accepting the space at Harlequin an initial set-up fee of our annual Club Membership £27.50 runs from **1st March '23 – 28th Feb '24** and British Gymnastics Insurance of either £20 for over 5's or £14 for the under 5's. This runs from **1st Oct-30th Sept** *regardless of when you join.*

Please go to www.british-gymnastics.org/membership. Payment will be requested when you register via their website. If you do not register your child will not be allowed to attend lesson till done so. You need to select '**Harlequin Gym Squad**' when registering.

*Notices, newsletters, class changes will be sent to you via **email ONLY**. Please remember to keep your details up to date on your LoveAdmin account and you can download the LoveGymnastics app on Android & iOS. Once registered you will be able to book onto any of our event, order club kit (non-compulsory), Awards/Certificates can be ordered through your members account, please remember your login details.*

Kind Regards

Nikki Gundry

Nikki Gundry
Head Coach

IMPORTANT INFORMATION

BEFORE CLASS

- It is the Parents responsibility for the safety of the child before and after gymnastics (in the staff carpark outside the gym)
- As gymnastics is a sport where you have to use your hands and feet, if a child arrives with ankle or wrist injuries, we will request they go home and rest.
- Always ensure that your child is dressed appropriately for the activity. Arrive gymnastics ready. This should include warm clothing in the winter which they can put on themselves and slip on shoes (flip flops or sliders)
- **NO JEANS/SKIRTS/LONG DRESS TOPS/TIGHTS**
- **EARRINGS** – due to British Gymnastics Insurance Policy we do not allow any child in the gym with their earrings in. If they are newly done, we allow between 6-8 weeks for them to settle and heal please tape before attending we cannot tape for you, after this they will need to be removed.
- Please keep us informed if your child is ill or unable to attend their class, if SICK 48hr rule must be applied.
- Always arrive on time if you are late you will not be allowed into your lesson. **(The door will be locked please ring the doorbell and a coach will confirm if you can attend the session or not) We give you 10-minute window and nothing more as the warm-up is very important.**

AFTER CLASS

- Please collect your child promptly at the end of each session. If you are late your child will remain in the gym. Please come into the gym and come to collection point and knock on door for us to bring your child to you.
- Members should remain with coaches inside the gym at the end of a session until collection by a parent or guardian. **(no under 18's to collect their siblings)**
- **Please do not Park on any other business premises. (Unfortunately, the carpark out front is for Staff Use Only for safety reasons) Please park only in the main car park to the side of the building and walk to the door.**
- Please do not allow your child or siblings to run freely within the car park; they should be always supervised.

GENERAL

- If you do not activate and pay your insurance via the British Gymnastics website, your child's insurance it will be invalid, and your child can not attend their class until done so.
- Cancellations of Direct Debits without informing Harlequin could result in your child losing their space in the class. This includes the summer months if you chose to go on holiday.
- Harlequin is **NOT** responsible for any items left behind.
- We will keep you informed via your given email with relevant information. Please keep your account details up to date. That includes any changes to email address or phone numbers
- Please check out the website for all codes of conduct and privacy policy if you wish to read them.
- Please name all drinks bottles
- Please visit and like our Facebook page. **@HarlequinSoG**. We are also on Instagram **@Harlequingymnasticsclub**, we also have 3 squad pages if you wish to follow and see what they get up to **@Harlequintumblers**, **@Harlequingymsquad**, **@HarlequinAcro**

AWARD SYSTEM

- ✓ **Pre-School 1-2yrs & 2-3yrs** – These will be presented to all children that attend class. Each term will be a new theme. These can be purchased online.
- ✓ **Pre-School 3-4yrs** – These are presented to all children once a term, they work through them during the sessions and an email is sent to say passed that month's theme.
- ✓ **Junior Badges 4-6yrs** – There are 5 Awards within this class, they work through a 6/8 week programme and assessed at the end. This is where children start to understand that they must show understanding of the skill to pass. Depending on when they start not all children will pass skills every six weeks, therefore will not receive Certificate at the same time.
- ✓ **Harlequin Proficiency Awards 8-1** – These are worked in all our classes in Recreational classes. All children are working on 6-week rotations and assessed on Week 6. Every child will be at different stages depending on when they started the class. All children when new start on Award 8.
- ✓ **When a child comes from another gym** we will start them on the Award 8 as these are personal to Harlequin and are not the same as the BG awards. Not all gymnasts receive Awards in the same week as they all work at different rates. This is hopefully teaching your child that they must work and show the skill more than once to achieve the tick. There are 10 ticks per Award
- ✓ **All Awards are available to purchase through your LoveAdmin account. Please purchase on here and then send us a quick email to say you have purchased the badge with child's name, class, and Level you are purchasing.**
- ✓ **Children (can) and will be removed from session and returned to parents by a phone call asking parents to collect if they continually disrupt the class.**

CODE OF CONDUCTS FOR GYMNASTS

- Arrive ready for lesson and be prepared to listen and learn
- Respect other gymnasts and the coaches in the gym
- Follow any rules and guidelines laid out during your sessions
- Treat all equipment with respect and do not damage it
- Inform coaches of any injuries at the start of the lesson
- You're here to have fun and learn gymnastic skills.

CODE OF CONDUCTS FOR PARENTS AND GUARDIANS

- Support your child's involvement and encourage them to enjoy the sport.
- Always arrive on time to lesson, be ready for gymnastics and most of all have FUN!
- Ensure your child is appropriately dressed for a sports activity (*i.e., hair tied back, earrings taped, no socks*)
- Keep the club informed of any illness, change of circumstance, injuries. (*Keeping to the 48-hr rule if they have been sick*)
- Respect the other gymnasts, parents, and coaches in the gym
- Follow all the safety rules in the gym
- Misbehaviour in class will not be tolerated and could result in your child being removed from the session (**We do not accept hitting out/another gymnast, spitting, biting, throwing equipment verbally or physically violence towards our staff**)
- Use correct and appropriate language at all times.
- Always collect your child from in the gym, DO NOT wait outside the gym (unless previously agreed in writing). We accept this for any gymnast over the age of 14.
- Never force your child to take part in the sport
- Support and work with your child's coach, we ask that you do not discuss negative aspects of your child's class or behaviour in front of them. We will do our best to adhere to the same policy. Please feel free to contact us to discuss further
- Share any concerns or complaints about any aspect of the club through the approved channels. Harlequinwelfareteam@gmail.com or calling our WO on 07852237966
- Ensuring your child's BG Insurance is completed and the LoveAdmin account is set up following the trial.
- Do not approach officials or coaches at a competition and question the outcome of a score. Please wait and discuss at your child's next session.